

# The FA Junior Football Leaders Course (Teachers)

## Course Description

This is course familiarisation for qualified teachers (PE specialists) wishing to deliver the FA Junior Football Leaders Award to students within their own school setting. The one day training programme will provide teachers the basic understanding of the course content, practical activities and delivery methods to students as a basic introduction to leadership skills required when involved in football. The course will primarily introduce 4 areas: Assisting Football Activity Sessions, An introduction to Refereeing, Helping with a Team & Different Football Events. In addition to these areas, Respect, Promoting the Game and Developing the Game will be embedded during the Guided Learning Hours. Upon completion of the familiarisation and all pre-requisites, teachers will become licenced JFL Teachers able to deliver the JFL student course within their own school setting and can register courses directly with FA Learning.

## Course Aims & Objectives

To familiarise teachers with course content on how to deliver an effective course which will provide their learners with an introduction to Leadership skills that may be used within the game and beyond. In the first instance the young leaders should be supported by more experienced qualified people within the game to support their development.

## Course Content

- Introduction to the Course (1 GLH)
  - Course content
  - Administration procedures/processes
  - How to get involved in Football
  - Getting involved & helping those involved to 'get better'
  
- Assisting Football Activity Sessions (2 GLH's)
  - Creating a Safe Learning environment
  - Organising games
  - Introduction to the basics of FUNdamentals
  
- An introduction to Refereeing (1 GLH)
  - Preparing to referee
  - Whistle techniques and introduction to Ball In, Ball Out
  - Safety of the Players and Re-starts to the Game
  
- Helping with a Team (1 GLH)
  - Preparing for the game

- Warm-up prior to the game
- Organising and Managing players expectations
  
- Different Football Events (1 GLH)
  - An introduction to three different formats of competition
  - Using these in a practical setting

Practical Involvement: Practical Involvement: Teachers will be encouraged to participate practically to maximise their opportunities for learning (however inability to participate will not prevent successful completion of the award).

## Course Duration

6 Guided Learning Hours